

Recommended Publication

I. Books on CBR and Related Aspects

KEY: *Author, Year of Publication, Title (italic), city and Address of Publisher, Pages, Price, ISBN*

Ahuja, Swaran (2001): *Blind and Community Based Rehabilitation (Hindi)*: New Delhi: All India Confederation of the Blind, P. 118

The publication, one of the first of its kind in Hindi, explains the concept of CBR in Indian context. It provides detailed guidelines to the CBR Workers as regard implementation process. It also provides information about teaching Braille to blind children and providing them access to appropriate education. It devotes on chapter to teaching of Abacus to blind children and provides a list of concessions and facilities available in India to blind persons.



Bhende, Asha A; and Upendra, Hema (1999): *Study of NAB Community Based Rehabilitation Programme for the Rural Blind*, Mumbai: National Association for the Blind, LBMRC, Rustom Alpaiwalla Complex, 124-127, Cotton Depot, Cotton Green, Mumbai 400 033, P. 145, on request.

This publication is a critical assessment and appraisal of the CBR Programmes instituted by the National Association for the Blind. It deals at length with the impact the programme had on the rural visually impaired in improving their quality of life, their status and esteem in the family and community. It clearly shows that given the necessary training such a person can, to an extent, register a distinct improvement in his day-to-day life.

The publication enlists need for evaluation of concept, methodology of evaluation and limitations of study. It also provides details of characteristics of beneficiaries, responses of significant relatives and implementers' perspective in respect of implementation of CBR programme.

The study concludes that the CBR programme should be widely supported and adopted by further strengthening its positive features and by taking remedial actions with regard to its weaknesses.

CAPART (1996): *Disability - A Strategy to Promote the Participation of People with Disabilities in Programmes for Rural Development*, New Delhi: Council for Advancement of People's Action and Rural Technology, Zone IV, India Habitat Centre, Lodi Road, 110 003, P. 88, on request.

In order to achieve the goal of full participation of persons with disabilities in all initiatives for rural development, it will be essential to mobilize the support of several groups at different levels. This document is, therefore, addressed not only to voluntary organizations working directly with disability, but also to organizations and community groups working with the rural poor, and to people's representatives and functionaries under Panchayati Raj, media persons from the official media and educators and trainers at the grassroot level. It covers the following topics:

- a. Disability in India
- b. Guiding principles, goals and focus areas
- c. Areas of focus of project proposals including social mobilization, capacity building, rural infrastructure development, indigenous technologies and networking
- d. Criteria for CAPART support.

It is a comprehensive document on CAPART's disability strategy.



District Rehabilitation Centre Scheme (1987): *Training Manual: Village Rehabilitation Workers*, New Delhi: Central Administrative and Coordination Unit, Ministry of Social Justice & Empowerment, Government of India, 4, Vishnu Digamber Marg, 110 002, P. 134, on request.

This instructional manual brought out by the Central Cell of the DRC, it is the first in a series to cover the activities of Village Rehabilitation Workers, Multipurpose Rehabilitation Assistants, Multipurpose Rehabilitation Therapists and Multipurpose Rehabilitation Technicians who are engaged in the DRC's field activities.

This useful instructional manual may also be used by the individuals promoting various disability development strategies. It is simple and concise, having been designed for the use of field workers who

are generally not highly educated. The manual covers all the categories of disabilities.

The manual will also be useful to the parents and guardians of the disabled for timely identification of the onset of a disability, to prevent it from becoming an impairment and a handicap by providing for medical intervention at the appropriate time. Is available in English and Hindi.



Easwar, R. (1999): *Training Programme for Community Level Workers of the Rural Blind*, in Fernandez, Gunawathy et al, *See with the Blind*, Bangalore: Christoffel Blindenmission, South Asia Regional Office (South), 559, 11th Main Road, HAL II Stage, Indiranagar, 500 008, P. 211-222, Rs. 200 9 in India, ISBN: 81-87380-44-6

The article emphasises the important role a field worker has in extending CBR services to people with visual impairment and blindness. In addition to suggesting how to select the most suitable field workers, the author provides detailed information about training programmes for field workers (Editors).



Hatley, Sally (Editor) (2002): *CBR: A Participatory Strategy in Africa*, London: Centre for International Child Health, University College, P. 249 (ISBN 0-9532265-1-4)

This publication is based on proceedings of the First African Regional Conference on CBR, held during 10th to 14th September 2001 at Uganda National Institute of Special Education, Kampala, Uganda. The publication reflects experience of key stakeholders within CBR as a participatory strategy from 14 countries. The publication is motivated by the need for practitioners to share their experience and perspectives and then to evaluate and learn from them in order to improve practice. The chapters are based on presentations of the key speakers, views of respondents and the discussion that followed.

The key messages of this publication are defining the key terms, beliefs in benefits of the participation of all the stake-holders in all stages of service development, CBR as a part of community

development, response to identified needs of people and recognition of paradoxes and tensions between the players involved in CBR.

This publication is useful for those who are interested and involved in the development of an environment that enables disabled people and their communities to maximize their own potential, to enhance their quality of life and avail equal opportunities like anyone else. This publication is beneficial for persons with disabilities themselves, their family members, members of community, service providers, rehabilitation professional and policy makers. The publication written mainly in context of Africa region is useful to all developing countries in context understanding of participatory strategy for the promotion of CBR.



Helander, Einar; Mendis P.; Nelson G.; and Goerdts A. (1989): *Training in the Community for People with Disabilities*, Geneva: World Health Organization, 1211 Geneva 27-Switzerland ISBN 92 4 1544015 (NLM Classification: WB320)

This manual has been prepared for people in the community who are planning, implementing or evaluating a CBR programme. It consists of 34 modules, 4 guides and 30 training packages. Each module can be used individually and the guides and training packages can be given to the people for whom they were written. The four guides are for members of the community who carry out special tasks for the CBR programme. They are:

- Guide for the Community Rehabilitation Committee - this is for the community committee that helps to manage the programme;
- Guide for Local Supervisors - this is for the community worker who implements the programme;
- Guide for People with Disabilities - this describes what people with disabilities can do for themselves and for others in the community;
- Guide for School Teachers - this will help teachers who have children with disabilities in their classes.

The training packages are for family members of people with different types of disabilities; seeing difficulties, hearing or speaking

difficulties, moving difficulties, feeling difficulties, strange behaviour, fits, and learning difficulties. These packages provide information about the disabilities and about rehabilitation procedures that will help people with disabilities to do daily activities, such as eating, dressing, communicating, moving around, playing, going to school, and taking part in work and social activities. Family members can use these packages to train the disabled person to do these activities.

The individual training packages are for family members of people who have difficulty in speaking and hearing or speaking, moving and have no feeling in the hands or feet, seeing, and learning. The training packages are also for the adults who show strange behaviour and the people who have fits. The manual also includes general training packages.



Helander, Einar (1993): *Prejudice and Dignity - An Introduction to CBR*, New York: Division of Public Affairs, United Nations Development Programme, One United Nations Plaza, N. Y. 10017, USA, P. 241, on request, ISBN: 92-1-126-32-9, Publication No. E93-III-B.3

The book was written and published as part of the UNDP Inter-regional Programme for Disabled People. The title of the book reflects the fact that many of the reasons behind the problems facing the disabled people can be found in deep-rooted prejudice; an immense effort will be needed to change that situation.

The book provides a description of CBR and covers definitions and basic concepts, prevalence, incidence and causes of disability and situation analysis. It proposes an alternative solution and explains the role of Government in programme development. It also proposes a plan of action as a future challenge.

It is an excellent reference material for the trainers of the field workers of the CBR programmes.



Horton, Kirk J. (1986): *CBR of the Rural Blind - A Training Guide for Field Workers*, New York: Director, Division of Education & Rehabilitation, Helen Keller International, 15 West 16th Street, 10011, P. 131, on request, ISBN: 0-915173-04-2

This is one of the most useful manual for the CBR field workers. It provides detailed information in simple, straight forward language through illustrations on all relevant topics viz.:

- Advantages of community based programmes
- Definitions of eye problems
- Orientation & mobility
- Activities of daily living
- Basic education
- Vocational skills

The training manual has grown out of the two decade long experience of Helen Keller International in the development and implementation of CBR programmes for visually impaired persons. While the manual is an outcome of the project that was carried out in Indonesia, the content is relevant and useful for all the developing countries. Every CBR field worker must have access to this manual.



Horton, Kirk J. (1987): *Community Based Rehabilitation of the Rural Blind: A Training Guide for Field Workers*, Syllabus for Trainers, New York : Helen Keller International, 15 West 16th Street, 10011, P. 55, on request

This publication analyses the material needed for imparting training to the field workers of CBR Programmes, various achievement indicators which describe the level of proficiency the trainee will achieve in each of the major subject areas, general curriculum sequence and daily course contents etc.

It also provides braille work sheets, abacus worksheets and a diagram of the eye. This syllabus for the trainers should be used along with the training guide for the field workers published by the same author during 1986 (Referred above).& & &



Jaekle, Robert C. (1993): *Mobility Skills for Blind People: A guide for use in rural areas*, Bensheim 4: Christoffel Blindenmission e. V., Nibelungstrasse 124, D-6140, Germany; and West Sussex: Sight Savers International, P. O. Box 191, Haywards Heath, RH16 4YF United Kingdom, P. 72, on request.

It is an excellent practical manual for parents of visually impaired children and adults, field workers in CBR programmes and others engaged in improving the quality of life for such people, especially in rural areas. Under the guidance of a trained O & M instructor, appropriate knowledge and skills can be easily transferred to a large number of service deliverers, both trained and laymen, to pass on to even greater number of visually impaired people (Bill Brohier, President, International Council for the People with Visual Impairment).

This guide manual has been presented in a narrative form by using “John” who narrates the transition in his life from the age of 10 years. Bob Jaekle, author of the manual and truly the “Father of CBR of the Visually Impaired” succeeds in ensuring that the user of the manual identifies immediately with the consumer, his visually impaired trainee. Systematically John proceeds from the simple to the more complex techniques of O & M; from familiar surroundings to the unknown, further and further afield, as he gains confidence and independence, both of which are particularly important in the life of a visually impaired person (*Based on Foreword by Mr. Bill Brohier*).

This manual is a must for the CBR field workers, project supervisors, project implementing agencies and trainers of O&M.



Jaekle, Robert C. (1999): *Community Based Rehabilitation for the Blind*, in Fernandez, Gunawathy et al, *See with the Blind*, Bangalore: CBM, (Details given above), P. 197-210

The author provides an overview of the development of community based service for the visually impaired in a global context. He discusses the current trend to move from a single disability to a cross disability approach. Issues related to this trend in terms of service delivery and training at various levels of personnel for CBR are also discussed (*Editors*).



Jha, Madan Mohan (2002): *Schools Without Wall, Inclusive Education for All*, New Delhi: Madhuban Education Books, Heinemann, P. 200 (ISBN 0435 999915)

In this book, the author, an experienced person in promotion of integrated education, questions the relevance and efficacy of the existing school system, created by developed societies, as regard its capacity to respond to specific needs of special needs children. He analyzes the policy framework in context of equality, equity, social justice, equal participation and social integration as regard preparedness of the educational system to respond to the needs of inclusion. Based on his most valuable experience of developing policies and monitoring release of funds in India, his exposure to research promoted by UNESCO in inclusion and his research in the United Kingdom, he present a model of inclusive education in context of developing countries.

The author very appropriately points out roadblocks to inclusion and refers to questions to exclusion. He suggests adoption of child center pedagogy, development and adoption of curriculum for inclusion and proposed inclusion strategies. He advocates establishing inclusive schools in the developing countries, as a matter of right, for providing access to special needs children.

This is probably the first publication on inclusive education written in context of developing countries authored by a bureaucrat turned educational professional. This publication will be useful for the special educators, policy makers and rehabilitation professionals.



Jonsson, Ture (1994): *Inclusive Education, Geneva, United Nations Development Programme, Interregional Programme for Disabled People, Palais des Nations, CH - 1211, P. 158, on request.*

The author lists various case studies explaining roles of Itinerant Teacher, Headmaster, District Education Officer and other functionaries in promotion of inclusive education. He also explains the philosophy, importance and distinguishing features of this mode of education. He concludes, “*With careful planning, it should be possible to meet the unique needs of all students within one unified system of education - a system that recognizes and accommodates for differences*”



Ministry of Social Justice & Empowerment (1998): *Scheme to Promote Voluntary Action for Persons with Disabilities*, New Delhi: Disability Division, Shastri Bhawan, 110 001, P. 20, on request

This is first time that the Ministry of Social Justice & Empowerment has given due recognition to the concept of CBR in its major grant-in-aid scheme. The Scheme provides grant-in-aid to the NGOs to the extent of 90 percent of the admissible expenses for promoting CBR. Application in the prescribed proforma should be made to the Department of Social Welfare of the concerned State Government under copy to the Director (Disability Development) of the Ministry. The grant-in-aid is released by the Ministry on the recommendation of the Department of Social Welfare of the concerned State Government directly in favour of the applicant organization.



Murali, T and others (2001): *Manual for CBR Workers and Caregivers - Foundations and Techniques in Psychiatric Rehabilitation*, Bangalore: National Institute of Mental Health and Neuro Sciences (NIMHANS), P. 110

This manual, first of its kind, on neurological and psychiatric rehabilitation is for the use of community based workers who are responsible for imparting health services. It covers topics on rehabilitation aspects of stroke, hand injury, paraplegia and quadriplegia, cerebral palsy, muscular dystrophies and common mental disorders. It is a quick reference and easily understandable means to deal with common problems that one comes across in persons with disabilities. It would help them in early detection of disabling diseases, prevention of secondary complication and timely referral to higher centre if needed. This manual imparts knowledge about some of the recent trends in rehabilitation, to update, the CBR workers.



Murthy, S. P.; and Gopalan, Lyn (1992): *Work-Book on Community Based Rehabilitation Services*, Bangalore: Karnataka Welfare Association for the Blind and ACTIONAID India, Disability Division, P. O. Box 5406, No. 3, Rest House Road, 560 001, India P. 135, on request.

The workbook is intended to be a ready-reckoner for professionals and others who are interested in helping the disabled in various types of communities. It provides comprehensive information about the following aspects of CBR:

- Explanation of the term CBR
- Selection of project area
- Project planning, implementation and evaluation
- Project phasing and administration
- Client educational, vocational and employment information

According to Dr. Brian O'Toole, "There have been hundreds of CBR programmes across the continent that have gone no further than the pilot stage. In some respect after a decade of experience with formalized CBR projects, we may well be more aware of the limitations of the approach rather than possessing a coherent body of knowledge that may govern future initiatives. The manual, however, is one contribution towards redressing that imbalance".



Niemann, Sandy; and Jacob, Namita (2000): *Helping Children Who are Blind*, Berkeley, California: The Hesperian Foundation, Early Assistance Series for Children with Disabilities, P. 192 (ISBN 0-942364-34-1)

The book provides guidelines to the parents, teachers, health workers, rehabilitation professionals, caregivers, siblings and others to understand abilities, potentials and needs of children with visual impairment. Its focus is to enable these people to help child develop confidence, acquire basic skills, learn everyday activities and get integrated in community. It also provides tips for preparing the child for the schools and community life in general. Other focus areas include promoting communication, ensuring safety, preventing sexual abuse, understanding causes of blindness, providing support to parents and caregivers and balancing dependence and independence of the child.

The chapter on community involvement focuses on encouraging parents to help child become an active member of the community. It advocates involvement of child in all day-to-day activities and

events. It provides simple tips on the methods in which manner community members and specially other children can help a child who cannot see well.

This book has been developed in collaboration with parents around the world. It has been written under the guidance of a large number leading professional in the field of comprehensive development of a child with visual impairment. The field-testing of this publication has been in a large number of developing as well as developed countries. To enable the parents and caregivers to understand the concept better, all the activities have been presented in an illustrated manner. Various thoughts have been expressed through the use of a large number of real life case studies from different cultures and locations. This is a very professional publication backed up with extensive and well-planned field research and elaborate field testing.



National Forum of Organizations Working with the Disabled (1997): *Second South Asian Conference of CBR Network*, Dhaka, Bangladesh, 8/12, Block-A, Lalmatia, P. 217, on request.

The II South Asian Conference of the CBR Network evolved Dhaka Declaration on setting targets pertaining to promotion of CBR and listing ways and means of achieving these targets.

In this conference, country papers from Bangladesh, India, Nepal and Srilanka were presented on status of CBR and country plans for its further expansion were presented. The publication also includes presentations pertaining to participation of people in CBR, sustaining CBR, low cost models, human resource development and such other topics. It focusses upon promotion of cross disability CBR programmes with the active participation of family members and community.



National Institute of Public Cooperation and Child Development (1999): *Rights of Children with Disabilities*, New Delhi: NIPCCD, 5, Siri Institutional Area, Haus Khas, 110 016, P. 143, on request.

This publication is based on the deliberations of the National Consultation Meet on Rights of Disabled Children and the papers

presented by the experts during the meet. It gives insight into the situation of disabled children in the country and provisions in the Convention on the Rights of the Child for the prevention and protection of childhood disabilities. It discusses in detail the lacunas in the Persons with Disabilities Act, 1995, enlists the role of voluntary organisations and the media in realising the rights of disabled children, and gives a comprehensive list of recommendations for preparing the Charter of the Rights of Disabled Children (Editor).



O'Toole, Brian John (1991); *Guide to Community-Based Rehabilitation Services*, Paris; UNESCO, 7 Place de Fontenoy, France, P.96, on request, ED-91/WS-6.

The guide, which is part of a series of nine publications, is intended for teachers, parents and community workers, aims at stimulating discussions on basic knowledge, approaches and methods relevant to the education of persons with disabilities, and offer practical advice for action in this field.

It addresses a new approach to service development. CBR has received considerable attention during the Decade of Disabled Persons, in particular with the publication of the WHO Manual 'Training in the Community for People with Disabilities'.

Parallel to that the move away from institution-based rehabilitation prompted governments in developing countries to seek alternative approaches to reach disabled persons and their families.

The UNESCO Consultation on Special Education (1988) recognized integrated education and CBR as the two complementary approaches in providing cost-effective and meaningful education and training to disabled persons.

The guides are published in English, French, Spanish, Arabic and Chinese. The text can be freely reproduced or translated provided that mention is made of the author and source.



Pahwa Achala (Ed.) (1990): *Manual on CBR - A Comprehensive Handbook for the Field Functionaries for Identification and Management of Disabilities at the Grass Roots Level*, New Delhi:

District Rehabilitation Centre Scheme, 4, Vishnu Digamber Marg, New Delhi 110 002, P. 429, on request.

This instruction manual which covers all categories of disabilities has been developed for providing training to the Multipurpose Rehabilitation Workers and the Village Level Workers of the District Rehabilitation Centre Scheme of the Ministry of Social Justice & Empowerment. It provides information pertaining to causes and prevention of disabilities, demographic details, rehabilitation needs, specific needs, existing services, nature of aids and appliances, employment and placement, strategies for intervention, behavioural problems and basic emotional needs etc. The manual has already been translated into Hindi.



Pandey, R. S.; and Advani, Lal (1995): *Perspectives in Disability and Rehabilitation*, New Delhi: Vikas Publishing House Ltd. 576, Masjid Road, Jangpura, 110 014, P. 224, Rs. 250, ISBN 0-7069-9054-4

This book attempts to present a status of various services and possible areas of growth and development. This may be useful as a reference material for all those concerned with disability - professionals, parents, disabled persons, voluntary workers and policy makers. The book provides information pertaining to concept & definitions, extent of disability, physical and restrictive services, education, vocational rehabilitation and CBR, legislative support, strategies for awareness, role of media, voluntary sector and technology in rehabilitation.



Peter, A. Berman; and Sister Daniel, G. (1984): *Rehabilitation of the Rural Blind: An Economic Assessment of a Project in the Philippines*: Helen Keller International Incorporated, 15 West 16th Street, 10011, on request.

This study is the result of one of the first attempts by a private voluntary agency - Helen Keller International - to compare the cost-efficiency of two differently conceived programmes that have similar goals. Though it presents a close examination of particular programmes, the work provides a model that can be broadly applied

to future economic assessments of all types of community services in the third world.

The authors compare the results of Helen Keller International's community-based services for the visually impaired in the Philippines with previously existing, urban-based centres for rehabilitating such adults.



Punani, (Dr.) Bhushan; and Rawal, Nandini (1996): *CBR (Visually Impaired)*, Mumbai: Rural Activities Committee, National Association for the Blind, 11 Khan Abdul Gaffar Khan Road, Worli Seaface, 400 025, (also available at): National Association for the Blind, Gujarat Branch, Vastrapur, Ahmedabad 380 015, P. 267. Email : blinabad1@sancharnet.in

This is the basic manual of guidelines, popularly known as the “*Green Manual*” for the implementing agencies of the CBR projects promoted and coordinated by the NAB RAC. Every implementing agency is expected to follow the guidelines in respect of selection of project area, appointment of field staff, training curricula, delivery of services, monitoring of performance and reporting the progress to the NAB RAC as instructed in the manual. It advocates comprehensive approach to prevention/cure of visual impairment, integrated education, social integration, economic rehabilitation and support services.

It enlists the implementation plan for the initiation, implementation, monitoring and evaluation of a CBR project for the visually impaired. It also provides details of roles of the field workers, supervisors, implementing agencies and the coordinating agencies in the project implementation (Review by Vimal Thawani)

The Manual in your hand is third updated edition of the “*Green Manual*”



Punani, (Dr.) Bhushan; and Rawal, Nandini (1995): *W. Stein & Integrated Education*, Ahmedabad: Blind People's Association, Vastrapur, 380 015, (Courtesy: Prof. Tirath Gupta Memorial Fund), P. 138, on request. Email : blinabad1@sancharnet.in

The publication traces the history of special education, illustrates various models of education, defines integrated education, enlists advantages of integrated education, defines the role of a teacher and explains the process of integrated education. It also talks about parental involvement and importance of early intervention. The chapter on history and chronological development of education of the visually impaired has been meticulously documented.

The book explains the concept of “Rehabilitation - the Art of the Possible” - which is the reabsorption of a visually impaired into society in accordance with his capabilities and abilities to adjust to environment to the extent possible and with active involvement of the community (Review by: Akhil S. Paul).



Punani, (Dr.) Bhushan; and Rawal, Nandini (2000): *Visual Impairment: Handbook* (3rd Edition), Ahmedabad: Blind People's Association, Vastrapur, 380 015, P. 479, Rs. 60+Postage Rs. 10 for India. E-mail : blinabad1@sancharnet.in

The objective of the handbook is to provide a neat package of information, which would enable rehabilitation planners to formulate need based programmes keeping in mind the needs of the target group and the local conditions. The book is a practical guideline and would help the reader to acquaint himself with the most necessary aspects related to the field such as causes of visual impairment, losses consequent on visual impairment, training for compensating these losses and planning individual or collective need-based rehabilitation. The handbook deals with alternative systems of educating persons with disabilities as well as different approaches to rehabilitation including vocational counselling, assessment, vocational training, employment and income generating activities. This updated version of earlier publication has devoted a full chapter to specific aspects of special need visually impaired persons including persons with low vision, deafblindness and multiple disabilities.

The chapter on CBR provides comprehensive information on modus operandi of CBR project implementation. It enlists various crafts and trades suitable for the visually impaired. It also provides details

of existing project implementing agencies, funding agencies and the training centres. The handbook also provides detailed information on various models of integrated education, activities of daily living and orientation & mobility. (Review by Jasmine Sajit)



Regional CBR Network (South Asia) (1996): *First South Asian Regional Conference on CBR*, Bangalore: 219, 4th B Main, 4th Phase, J. P. Nagar, 560 078, P. 32, in request. E-mail : cbrnet@vsnl.com

The aim of the conference was to provide a forum for sharing of news, views and experiences that will improve the quality of life of persons with disabilities and their families, through CBR approaches. National and International rehabilitation professionals, with long standing experiences in the disability field, facilitated discussion. They drew out exemplary practices, experiences and ideas from the participants. The conference evolved recommendations regarding strategies for CBR networking.



Rehabilitation Council of India (1995): *Proceedings of the Regional Workshop: CBR, Ahmedabad*: Blind People's Association, Vastrapur, 380 015, P. 55, on request. E-mail : rehabstd@nde.vsnl.net.in

The Rehabilitation Council of India sponsored a regional workshop on CBR during 28-29 April, 1996 at Ahmedabad. A number of experts from all over India presented papers on various aspects of CBR for all categories of disabled people.



Srivastava (Dr.), R. K. (1997): *Proceedings of Orientation Workshop of National Trainers for Medical Rehabilitation*, New Delhi: Safdarjang Hospital, Ansari Nagar, New Delhi, P. 126, on request.

The workshop oriented 18 National Trainers from different states on medical rehabilitation, CBR and related human resource development. These national trainers are equipped with knowledge and skill to organise training of state level Master Trainers for medical

rehabilitation. The publication provides a reference material on medical rehabilitation for national trainers as well as state level Master Trainers for organising training workshops on medical rehabilitation. All presentation have been duly supported by charts, tables and sketches wherever necessary.



The Spastics Society of Tamil Nadu (SPASTN) (1997): *Southern Region Seminar on CBR*, Chennai: SPASTN, Opp. TTTI, Taramani Road, 600 113, P. 112, on request Email: spastn@md2.vsnl.net.in

A 2 days seminar was convened to arrive at a common understanding of the nature, need, applicability and relevance and potential of CBR. Its also aimed at promoting networking among individuals and groups already participating in and those planning to participate in CBR programmes. The seminar evolved a set of recommendations for promoting comprehensive CBR.



The Spastics Society of Tamil Nadu (SPASTN) (1997): *Proceedings: Workshop on CBR Model and Training Viable for India*, Chennai: *Ibid*, P. 70, on request.

A 3 days workshop was organized in Chennai by the SPASTN and co-sponsored by the Rehabilitation Council of India and the UNICEF.

A total of 72 professionals participated from all over India, Srilanka, Nepal, Canada and United Kingdom. The publication provides information regarding approaches of RCI towards CBR, donor's role in promotion of CBR, situations in CBR, overview of CBR practices, CBR linkage model of early intervention, support groups etc.



Thomas, Maya; and Thomas, M. J. (2002): *Selected Reading in CBR, Series 2, Disability and Rehabilitation Issues in South Asia*, Bangalore: Asia Pacific Disability Rehabilitation Journal, P. 142. Email : thomasmaya@hotmail.com

A few selected articles on CBR have been included in this publication as a reflection on the role and strategy of CBR and for clarifying present understanding about it. The articles focus on historical

perspectives, studies on CBR from different countries, CBR for different groups of people, CBR approaches to different disabilities and specific aspects of implementation of different strategies on CBR.



Vanneste, Geert; and Dominick, Deceuninck: *Early Intervention in Visually Impaired Children*, Dar es Salaam, Tanzania: International Training Centre for CBR Managers, P. 69. Email : vanneste@intafrica.com.

This manual provides introduction on strategies for the prevention, early intervention and rehabilitation of impairments and disabilities in developing countries. It explains the preparatory procedures and gives a detailed proposition for the management of such a comprehensive CBR programme for the disabled.



Vanneste, Geert: *Community-Based Rehabilitation of Blind Persons*, Dar es Salaam, Tanzania: International Training Centre for CBR Managers, P. 74

This manual offers a logical built up scheme of action of which the basic principles should be applicable in many different countries. Users of this guide will need to have a flexible and practical mind at the same time being inventive.

The manual focuses on the training course for field workers for a CBR programme for blind persons. It is intended to serve as a guideline providing the basic information for designing and conducting an intensive, well balanced training course including theory combined with practical experience. It explains why, in developing countries, it is impossible to provide efficient and thus long-term CBR services only to blind persons. The manual recommends a diversification of the services to cover a variety of persons with disabilities.

For this reason, the survey procedures explained in the manual focus immediately on different categories of impairments and disabilities. The authors feels that a survey of all categories of disabilities allows realization of important referrals to different service providers and also provides baseline data for planning the subsequent diversification.



Vanneste, Geert; *Towards Comprehensive Community Based Rehabilitation Programmes*, Dar es Salaam, Tanzania: International Training Centre for CBR Managers, P. 69

This manual offers an example of stimulation programme for visually impaired children within the framework of a community based early intervention strategy. It focuses on the stimulation of physical developmental skills, mobility & orientation, performance of daily living skills, activation of the residual senses, training in low vision and use of assistive devices. The author advocates that if the visually impaired children are provided the need-based simulation from an early age, they can develop almost all developmental skills as quickly and effectively as sighted children.



Vanneste, Geert; *Breaking Down Barriers - A Practical Guide for Eye Units in Developing Countries (2000)*, Dar es Salaam, Tanzania: Christoffel Blindenmission, P. 38

In this manual, the author, who has worked with communities in Africa for more than 14 years, explains the reasons why patients are reluctant to have sight-restoring surgery, and how barriers can be overcome. He also explains a variety of barriers between the cataract patients and the hospital, methods of overcoming these barriers and other measures on encouraging sight saving surgeries. The manual suggests methods of post-operative community based follow up of cataract patients. It suggests useful tools for creating awareness about surgical intervention in the communities.



Wadhwa (Dr.), Sanjay; and Athani (Dr.), B. D. (1998): *Draft Action Programme for Inclusion of CBR in Health Care Delivery System for States in India*, New Delhi: Department of Physical Medicine & Rehabilitation, All India Institute of Medical Sciences, Ansari Nagar, 110 029, P. 105, on request.

The debates and discussions on CBR continue to be held and people working in the field of rehabilitation all over the world are trying to assimilate the idea, get the best out of it and learn from experiences and exchange ideas with each other. Bit by bit and piece by piece, the WHO-CBR concepts and other other rehabilitation programmes

are being integrated in the approaches that suit the rehabilitation workers, the donor agencies, the politicians and hopefully, the people with disabilities and the caregivers.

This document provides contextual information to the policy makers and planners at the centre and the state levels for initiating 'action' in a phased manner as per the local needs and priorities commensurate with the resources available. It provides situational analysis of efforts made in respect inclusion of CBR in the health care delivery system. It explains the role of health sector in this respect and provides a Proposed Action Plan for inclusion of CBR in the existing three tier health care system from PHC to the District Hospitals.



Werner, David (1994): *Disabled Village Children: A guide for community health workers, rehabilitation workers and families, Adapted for India by Radhika Alkazi and Vasanti Mirchandani* under the supervision of **Padam Khanna with Dr. Salai Pa Cin and Taposh Roy**, New Delhi: Voluntary Health Association of India, Tong Swasthya Bhawan, 40, Institutional Area, South of IIT, Behind Qutab Hotel, 110 016, P. 797, Rs. 250, ISBN: 0-942364-06-6

This book was written from the "bottom up", working with disabled persons and their families. The authors believe that those with the most personal experience of disability should become leaders in resolving the needs of the disabled. In fact, the main author of the book (David Werner) and many of its contributors happen to be people with disabilities. The authors are neither proud nor ashamed of this. They do realize that in some way their disabilities contribute to their abilities and strengths.

In this book, authors do not tell anyone what they must do. Instead they provide information, explanations, suggestions, examples, and ideas. They encourage an imaginative, adventurous, thoughtful, and even playful approach. After all, each disabled child is different and will be helped most by approaches and activities that are lovingly adapted to her specific abilities and needs.

The part I is devoted to working with the child and family and

provides information on different disabilities; part II is devoted to working with the community and explains village involvement in the rehabilitation, social integration, and rights of children with disabilities; whereas part III focusses on working in the shop and explains rehabilitation aids and procedures.

Above all, the book helps to realize that most of the answers for meeting these children's needs can be found within the community, the family and the children themselves. It discusses ways of starting small community rehabilitation centres and workshops run by people with disabilities or the families of children with disabilities.

Over 4,000 line drawings and 200 photos help make the information clear even to those with little formal education. The book is a must for every organization devoted to working for the people with disabilities.

II. CBR Periodicals

ACTIONAID Disability News

Published by : Sabala

ACTIONAID-India, P. O. Box 5406

No. 139, Richmond Street

Bangalore 560 025, India

Email: disabblr@actionaidindia.org

Tel +91 80 5586683 Fax: 5586284

Copies of newsletter are mailed free of cost on request.

Published biannually.

Focus: The major emphasis of the newsletter is on articles related to policy development, concept clarification, development of methodology in the areas of service delivery, training of manpower and programme development, and development of technology related to rehabilitation.

Asia Pacific Disability Rehabilitation Journal

Sponsored By: Action for Disability

Hunters Moor Regional Rehabilitation Centre

Hunters Road, Newcastle upon Tyne NE2 4NR, UK

Edited by: Dr. Maya Thomas
J-124, Ushas Apartments, 16th Main, 4th Block
Jayanagar, Bangalore 560 011, INDIA
Email: thasmaya@hotmail.com
Tele Fax: +91 80 6633762

Produced by: Shree Ramana Maharishi Academy for the Blind
3rd Cross, 3rd Phase, J. P. Nagar
Bangalore 560 078, India.
Tele: +91 80 6588045 Fax: 6588045

Published biannually.

For private circulation only

BLIND WELFARE

Published by: National Association for the Blind
11, Khan Abdul Gaffar Khan Road
Worli Sea Face
Mumbai -400 025, India.
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Web: www.nabindia.org
Tel +91 22 4948581

Published thrice a year in April, August and December. Braille edition published simultaneously.

Annual Subscription rates:

Ink Print: India: Rs. 90; Asia: \$25; Europe: \$25; USA :\$25

Braille : Rs. 20; \$10; \$10; :\$20

The Publication provides latest information on education, rehabilitation and innovations in the field of development of the visually impaired. The major coverage includes news rounder, achievers, felicitation, awards new technology, education, book review and opportunities. As NAB is the lead organization for the promotion of CBR and integrated education, it publishes articles on such projects regularly.

BMA Newsletter

Published by: Blind People's Association
Jagdish Patel Chowk, Surdas Marg
Vastrapur, Ahmedabad 380 015, India
Tele: +91 079 6305082, 6304070, Fax: 6300106
Email: blinabad1@sancharnet.in
Website: www.bpaindia.org

Copies of newsletter are mailed free of cost on request.

Published quarterly in English, Gujarati and Gujarati Braille.

It is a newsletter registered with the Registrar of Newspapers. Its publication is supported by the Ministry of Social Justice & Empowerment. It covers new items pertaining to recent developments in the field of development of visually impaired.

Subscription free of charges for readers in developing countries and students from developing countries. The charges vary from \$12 to \$48 for readers from other countries.

Disability Dialogue is published three times a year in English, including braille and cassette versions, and Hindi.

Disability Dialogue

A publication of Healthlink Worldwide
Cityside, 40, Adler Street
London E! EE, UK
Tel: +44 20 75391570 Fax; 75391580
E-mail: info@helathlink.org.uk Web: www.healthlink.org.uk

The Educator

Editor: Steve McCall

Published by: The International Council for the Education of
People with Visual Impairment
ICEVI Secretariat, IHRDC Campus
Ramakrishna Mission Vidyalaya
Coimbatore - 641 0202, Tamil Nadu, India
Tel +91 422 2697530 Fax: 2692353
Email: sgicevi@vsnl.net Web: www.icevi.org

III. Other Useful Publications

1. UNICEF, Regional Office for South Central Asia, 73 Lodi Estate, New Delhi 110 003.

Their publications centre on children, disabled and non-disabled, as well as on women. They also have posters and other materials which would be useful for awareness and other community programmes.

2. ILO (International Labour Office), CH-1211, Geneva 22, Switzerland

A catalogue of their publications will be sent, free of charge, on request. Also, ask for their

- a. Quarterly newsletter
- b. Booklet; "From Community Based Rehabilitation to Community Integrated Programmes"

3. The Hesperian Foundation, P.O. Box 1692, Palo Alto, CA 94302, USA.

This organization has many useful publications, including

- **David Werner:** Disabled Village Children
- **David Werner:** Where There is no Doctor
- **David Werner and Bill Bower:** Helping Health Workers Learn
- **Murray Dickson:** Where There is no Dentist
- **Susan Klein:** A Book for Midwives
- **A. August Burns and others:** Where Women Have no Doctor
- **David Sanders:** The Struggle for Health
- **Christine Miles:** Special Education for Mentally Handicapped Pupils: A Teaching Manual
- **Mike Miles:** Where There is no Rehab Plan

(These booklets are especially good for those involved in rehabilitation strategy)

Papers published and distributed by the Foundation are also useful, especially the one called "Child-to-Child Program". The Foundation also has slides/films.

4. Other useful Journals:
 - a. The Indian Journal of Social Work
 - b. Social Welfare
 - c. Indian Journal of Disability and Rehabilitation
 - d. Disability & Impairment
 - e. Ability